



*"In every art there are few principles and many techniques" (Dale Carnegie)*

A new position, a new challenge where you will regularly have to speak, train, give instructions or need to train others in a public setting?

Or are you too preoccupied when you must speak to an audience, yet you still want to evaluate and perfect yourself? Ready to experience it all from a different fresh angle?

Then you and your organization will benefit from this educational and interactive approach through our "Public Speaking" workshop.

You may have heard people telling you that somebody has or does not have the skills required to do something. We do not agree with this statement. You can learn to speak publicly, you can grow in it and amaze both, your audience and yourself.

In addition to competence acquisition, this workshop "Public Speaking" also boosts confidence and self-esteem.








Our experienced motivational speaker and coach will take you on "speaking hike". You start a mountain climb with the aim of reaching the top, step by step, principle after principle, exercise after exercise.



During this workshop we take the following steps:

- dealing with anxiety and nerves,
- building a top speech,
- control of breathing,
- powerful posture and voice,
- inspire and motivate people with a haunting story,
- more confidence and radiate authority on a stage or in the room where you speak.

Your speeches, meetings or training moments will never be the same as before, after you have followed this skill building workshop.

Never forget: "Where there is a skill, there is a way"!

	Dutch (English on demand)
	Current and future trainers, speakers, executives, teachers, chairmen, professionals, students and anyone interested in taking his speaking skills to another level
	Date to be determined
	1 day (8hrs) 
	Place to be determined
	20 places available

	Open training: 390 euros / person Customized in-company training: inquire without obligation about possibilities and conditions
	OPL certificate: " <i>WORKSHOP Public speaking</i> "

**Note:** There are possibilities for a follow-up or perfection trajectory related to this training. Inform without obligation.